



Recommended Resources

Visit the library and go to Rock & Rhyme sessions. They're free!
The following sites have helpful information for parents.

www.thelittlebigbookclub.com.au/
www.better-beginnings.com.au/
www.earlywords.info
www.letsread.com.au/Families
www.tenminutesaday.com.au/

and don't forget to check us out!

www.cbca.org.au/
www.cbcatas.org
www.cbcatas.blogspot.com.au/



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Babies and Reading

0-2 years

It's all about
enjoying books together.



What to look for when choosing a book for your baby

- ☆ bright, clear and simple pictures
- ☆ familiar objects like animals, food and toys
- ☆ nursery rhymes and fairy tales
- ☆ simple stories with few words or even no words
- ☆ large print
- ☆ touch and feel, lift-the-flap, novelty books with mirrors and noisy books
- ☆ repetition; rhythm and rhyme
- ☆ lightweight yet sturdy books such as board books



What you can do

- ☆ Start at birth and read every day, whenever and wherever you can
- ☆ Read their favourite stories over and over
- ☆ Sing songs, lullabies and rhymes – clap, jiggle or bounce your baby along with the rhyme
- ☆ Let your baby play with the books – board books are perfect for grabbing, mouthing, throwing and even turning pages
- ☆ Speak slowly and clearly
- ☆ Visit the library often and join in their programs
- ☆ Enjoy reading with your baby and have fun!

